



## CONSULTATION FORM

NAME: ..... CONTACT NO: .....

ADDRESS: ..... POSTCODE: .....

DOB: .....

PLEASE READ THESE STATEMENTS CAREFULLY:

- Permanent cosmetics are a form of tattooing also called Micropigmentation.
- Re-touch procedures are nearly always required following the initial procedure; please note this is a two stage treatment process, retention holds much stronger following the retouch.
- A minimum healing period of four / six weeks is required before a re-touch procedure can be performed depending on age and skin type.
- A healed result can be seen 4-6 weeks after the treatment.
- Retention of pigment depends on many factors including, skin type, age of client, adhering to aftercare procedure, lifestyle, sun exposure, medication and vitamins.
- On rare occasions the pigment may migrate under the skin particularly if very oily based skin type or open pores. Therefore the treatment will give a more powdered' look and may have less retention.
- Old Scarring may act like 'dead skin' for the ink and often times do not hold pigment.
- Application of permanent cosmetics can be painful. The pigments will fade over time which may vary with each client.
- Immediately after the procedure, the pigment can be 30 to 50% darker than the desired.
- There may be immediate or delayed allergic reaction to pigments. However, allergic reactions are extremely rare.
- A negative allergy test result will not guarantee that you will not have an allergic reaction.
- Allergic reactions to anaesthetics can occur.
- Permanent cosmetics cannot be applied to pregnant women or nursing mothers.
- Permanent cosmetics cannot be applied to any person under the age of eighteen.
- Infections can occur if aftercare instructions are not followed correctly.
- There may be swelling and redness following the procedure.
- You may experience minor bleeding.
- It is recommended that clients receiving treatment for eyeliner should have someone drive them home.
- Corneal abrasion may occur during eyeliner procedures. However, corneal abrasion is rare.
- Clients receiving lip procedures who have had previous problems with cold sores/herpes may have an outbreak following the procedure. Anti herpes medication is available over the counter or on prescription and has been shown to prevent or minimize such outbreaks.
- Lip procedures may appear dry and flaky for up to one week following the procedure.
- If you have an MRI scan within 3 months of your permanent cosmetics procedure we recommend that you discuss this with your doctor.
- Possible scarring, inconsistency of colour and loss of eyelashes may occur.
- It is normal for the top layer to flake off, DO NOT PICK, as you will rip off the deeper layers of pigment with it and it will have no retention.



## PRE PROCEDURE ADVICE

**Permanent cosmetic procedures normally require multiple treatment sessions. For best results, clients will be required to return for at least one retouch procedure, usually between four and six weeks after the initial procedure. Be prepared for the colour intensity to be significantly sharper and darker immediately after the procedure. This will subside and become lighter as the issue heals. This process can take up to ten days**

### ADVICE FOR ALL PERMANENT COSMETIC PROCEDURE

- Since delicate skin or sensitive areas may be swollen or red, it is advised not to make social plans for the same day.
- Please inform your technician if you have taken aspirin, Ibuprofen or Coumadin within the two days leading up to procedure.
- Do not discontinue any medication before consulting your doctor.
- Do not drink alcohol the night before your treatment.
- A patch test will be performed unless waived upon request.

### EYEBROW PROCEDURES

- Any waxing should be performed at least 48 hours before the procedure: Electrolysis no less than five days before the procedure.
- Eyebrow tinting should not be undertaken for two weeks prior to the procedure. Eyeliner procedure
- Any eyelash tinting or eyelash perming should be carried out no sooner than 1 week before or two weeks after the procedure.
- Do not wear contact lenses during or immediately following the procedure. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes feel comfortable. (This is normally 24 hours after the procedure).
- You may have some swelling, as a safety precaution, we recommend that you have someone available to drive you home.

### LIPLINER/COLOUR

- If you have a history of cold sores (herpes simplex), we advise you to contact your doctor to obtain the proper prescription medication to prevent such outbreaks.
- Alternatively, obtain herpes medication for example Zovirax from your local chemist and use one week before and one week after your procedure. This can help minimise an outbreak.
- Permanent cosmetic procedures do not cause cold sores, however if you carry the virus, it lays dormant in the body and can be aroused by the procedure.
- Lip wax or bleaching treatments should not be undertaken for at least a two week period preceding your permanent cosmetic procedure.



# MEDICAL HEALTH FORM

Name ..... Contact No .....

Address ..... Date of Birth .....

Name of Doctor ..... Surgery .....

**PLEASE ANSWER ALL THE FOLLOWING QUESTIONS:**

Have you taken any of the following in the last 2 day Aspirin, Ibuprofen, Coumadin, Alcohol ? .....

Have you received chemotherapy of radiation treatment in the last year? .....

List any medications you have been taking in the last 6 months .....

Allergies have you ever had an allergic reaction to any of the following?

Latex Rubber Hair dyes Vaseline Lidocaine Medication Drugs Paints Crayons Foods Glycerine

Anaesthetics or Adrenaline (which ones).....

Other allergies (list).....

Have you or have you ever had any of the following? Tick all of the following that apply:

Abnormal Heart Condition	Palpitations	
Mitral Valve Prolapse	Blurred Vision	
Cold Sores (herpes simplex)	Hepatitis	
Heart Murmur	Dry Eyes	
Rheumatic Fever	Pregnant or Nursing in the 12 months	
Artificial Heart Valves	Eye Infection present	
Pacemaker	Watery Eyes	
Anaemia	Alopecia	
Haemophilia	Recent Hair Loss	
Prolonged	Contact Lenses	
Bleeding	Chapped Lips	
Diabetes	Eyelid Surgery	
High Blood Pressure	Date of last yeasleyebrow tint	
Epilepsy	Trichotillomania	
Low Blood Pressure	Bruise or Bleed Easily	
Fainting Spells or Dizziness	Gore-Tex Implants/Silicone Injections Other Tattoos Fat Transfer Injections	
Circulatory Problems	Botox injections	
Thyroid Disturbances	Collagen Injections	
Liver Disease	Hypertrophic Scars	
Glaucoma	Chemical or laser peel within 6 months	
Kidney Disease	Keloid Scars	
Stomach Ulcers	Sensitivity to Cosmetics	
Tumours, Growths or cysts	Use of Sun bed	
Cancer	Scar Easily or healing problems	
HIV	Retin A within 6 months	
Tuberculosis	Cortisone within 6 months	
Prosthetic Hip or Joint	AHA preparations within last 2 weeks	
Stroke	Acutance within 6 monthsconfirm that the above	
Cataracts		

I confirm information is correct

Client Name ..... Signature ..... Date .....

Technician Name ..... Signature ..... Date .....



# CONSULTATION CHECK LIST & TREATMENT PLAN

TREATMENT CARRIED OUT ..... Date .....

Pigment Colour Used .....

Brand ..... Needle Selection .....

Produce Notes .....

Agreed Fee ..... Deposit Paid ..... Retouch Fee .....

Technician Name ..... Signature ..... Date.....

## RETOUCH TREATMENT

Any change in medical history since initial procedure? .....

Client Signature..... Date .....

Pigment Colour Used .....

Brand ..... Needle Selection .....

Produce Notes .....

Agreed Fee ..... Deposit Paid ..... Retouch Fee .....

Technician Name ..... Signature ..... Date.....

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# PERMANENT COSMETIC AFTER CARE INSTRUCTIONS UPLINER & SHADING

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the re touch Visit. Please review the following directions and refer to them as necessary. If during the healing process you have any questions or concerns, please contact your technician.

## **For the first day:**

Ice packs protected with a cloth may be applied as necessary to reduce swelling

If you suffer with cold sores at present or any time in the past use anti herps medication for example zovirax five times daily. Continue use for nex 6 days.

## **You may experience the following for 72 hour**

Flakin

Tenderness

Doryness and itchiness in the treated area

Swelling and redness

## **Daily Care to follow for at least one week until your procedure has fully healed:**

Always wash your hands before applying the after care. Dermatek healing balm . Apply twice a day, using a cotton bud.

Prevent cross-contamination of your healing balm by using a clean cotton bud for each application.

We recommend you use a gentale facial cienser to clean the face during the healing period and no makeup should be applied for 72 hours after the procedure.

Keep hair away from the procedure site to prevent any infection.

Some itching is normal. DO NOT PICK, PEEL OR SCRATCH the treated area or the colour may heal unevenly and you risk Scaring and infection. Allow the Wound to flake on its own.

Do not expose the healing skin to direct sun, tanning beds, Jacuzzis, sauna, salt water, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use for two weeks following your procedure.

No kissing and if the area gets wet, gently pat dry using clean tissue.

Avoid eating spicy and salty foods and try to drink through a straw.

Do not pick the epithelial crust. Allow it to fiake on its own.

Remember, your selected colour will be stronger and more sharply defined immediately after treatment but as the healing process occurs the colour will soften and lighten. Long Term Care.

Use a good sunscreen. Sun exposure will fade your permanent cosmetics.

If you are planning a chemical peel, MRI scan or other medical procedure, please inform your doctor of your permanent cosmetics.

Please inform the National Blood Service if you donate blood, as you may not be eligiblet to give blood for a year post procedure.



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# PERMANENT COSMETIC AFTER CARE INSTRUCTIONS FOR EYELINER

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of colour is to be expected. This is the purpose of the re-touch visit. Please review the following directions and refer to them as necessary. If during the healing process you have any questions or concerns, please contact your technician.

**For the first day:**

Ice packs protected with a cloth may be applied as necessary to reduce swelling.

**You may experience the following for 72:**

Eyelashes may stick together, particularly overnight.

Puffy eyelids.

Tenderness.

Redness or bruising around the eyes.

Dryness and itchiness in the treated area.

Swelling.

**Daily Care to follow for at least one week or until your procedure has fully healed:**

Always wash your hands before applying the after care healing balm. Apply a minimum of 3 times daily, using a cotton bud.

Prevent cross-contamination of your healing balm by using a clean cotton bud for each eye.

We recommend you use a gentle facial cleanser to clean the face during the healing period.

Keep hair away from the procedure site to prevent any infection. Some itching is normal. **DO NOT PICK, PEEL OR SCRATCH** the treated area or the colour may heal unevenly and you risk scarring and infection, Allow the wound to flake on its own.

No makeup should be applied for 72 hours after the procedure. A new mascara must be used after this 72 hour period.

Do not expose the healing skin to direct sunlight, tanning beds, Jacuzzis, saunas, saltwater, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use for two weeks following your procedure.

If the area gets wet, gently pat dry using a clean tissue.

Remember, your selected colour will be stronger and more sharply defined immediately after treatment but as the healing process occurs the colour will soften and lighten. Long Term Care

Use a good sunscreen. Sun exposure will fade your permanent cosmetics.

If you are planning a chemical peel, MRI Scan or other medical procedure, please inform your doctor of your permanent cosmetics.

Please inform the National Blood Service if you donate blood, as you may not be eligible to give blood for a year post procedure.